

***Open Source Yoga 200 hour yoga teacher training application***



**1. What is your name and contact information, and why do you want to teach yoga?**

**2. Describe your experience with Hatha Yoga practice please.**

**3. Are you able to sit quietly for at least 10 minutes?**

**4. Do you currently have a regular home yoga practice?**

**5. What qualities and skills would you expect a competent hatha yoga teacher to have?**

**6. How did you hear about our training?**

**7. This 200 hour intensive will require focus, self-care, good diet and a consistent positive attitude - do you feel comfortable with this and working in a fairly large group?**

**8. To certify with Open Source Yoga, you must complete all 180 classroom hours, 20 hours of homework**

**and assignments, submit a video illustrating competency teaching 3 key poses, and pass a final written exam - 70% passing grade. Do you feel you have the energy and self directed focus to accomplish this?**

**9. Are you interested in continuing your education after this initial certification?**

**10. Do you have any concerns working with others, taking direction, touching and being touched ethically and safely?**

**Please send your completed application to [dan@indigoyoga.ca](mailto:dan@indigoyoga.ca)**

Thank you for your time. Your application will be reviewed and I'll get back to you very soon. If accepted, there is a \$400 deposit to hold your space in this Aug 4 - 30th training at the Center For Peace, Vancouver B.C.

Your deposit will only be refundable if we can find another student to fill your space in the training. Full payment:

Tuition	\$999
Books	\$100
Application fee	\$150
Video review	\$150

Total before tax: \$1399

Tax at 5% \$ 69.95

Total cost: \$1468.95

Upon acceptance, please send your \$400 deposit cheque or money order in Canadian Funds to:

Open Source Yoga (Daniel Clement)  
2005 Columbia st, Van Anda B.C. (this is the correct spelling of my home address)  
P.O. Box 403  
V0n 3K0

Thank you  
Daniel Clement

